

# EARTH CARE SWAPS

<b>Product/Item</b>	<b>Function</b>	<b>Source(s) Not limited to these!</b>
<b>Green Pan</b>	Earth friendly cookware, also recycles old pots/pans	<b>Greenpan.us</b>
<b>Cotton pads</b>	Use as cotton balls	<b>Grove.co</b>
<b>Fabric dish cover</b>	Use in place of plastic or foil	<b>Grove.co</b>
<b>Silicone Straws</b>	No plastic; size is adjustable, reusable	<b>Grove.co</b>
<b>Silicone cupcake liners</b>	Reusable; easy to clean	<b>Grove.co</b>
<b>Reusable Sandwich bags</b>	Reduce plastic; easy to clean	<b>Grove.co</b>
<b>Take Back Bag</b>	Recycle, repurpose, reuse any fabric item; washed but stains and holes are ok	Bags are ordered \$20 piece from ForDays.com along with easy return instructions.
<b>Laundry Detergent sheets</b>	No plastic containers	<b>Earth Breeze.com, Grove.co, The Larder, Giant</b>
<b>What the Crap! And other brands</b>	Recycled paper for toilet paper and papertowel; also made with bamboo, a fast growing alternative to paper	<b>Whatthecrap.com, Grove.co</b>
<b>Bamboo tissues</b>	Cuts down on paper use	<b>Grove.Co. and others</b>
<b>Boxed Water vs. plastic bottled, 8oz, 12o,etc</b>	Recyclable cardboard	<b>Many sources: order on line by case, seen at Acme and Giant</b>
<b>Toothpaste untubed in bottles or small compostable envelopes; also tooth floss, plant based</b>	No tube; can't be recycled anyway	<b>Bites.com unpasted.com</b>

# EARTH CARE SWAPS

Product/Item	Function	Source(s) Not limited to these!
Unbleached Wax paper	Lining dishes/wrapping	Open Nature, Try Giant, Grove.co
Liquidness General cleaner	No plastic bottle	Earthbreeze
Compostable or recycled plastic bags	Compostable will breakdown after use. Preferred to made from recycled plastic	Many brands now I store: Open Nature, BioBag (Target, Giant, etc), Grove.co
Peach shampoo bar	alternative to plastic container of shampoo	Grove.co
Peach deodorant	alternative to plastic container, refillable	Grove.co
Geometry kitchen towels	made from 3.5 recycled plastic bottles	www.geometry.house