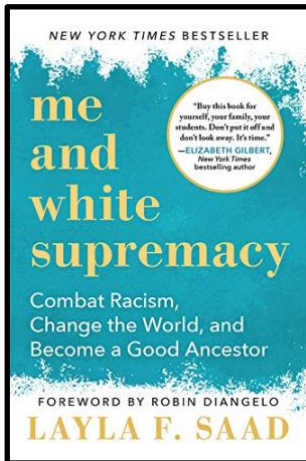


Books on Race, Racism, and Anti-racism for Adults

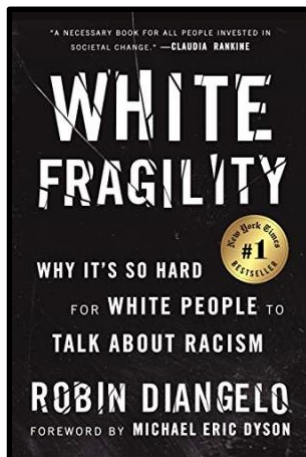
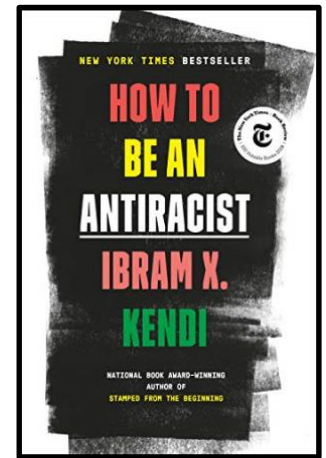


Me and White Supremacy: Combat Racism, Change the World, & Become a Good Ancestor, by Layla F. Saad

This eye-opening book challenges the reader to do the essential work of unpacking biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

How to Be An Anti-racist, by Ibram X. Kendi

Historian Ibram X. Kendi uses a mix of personal experiences, history, and science to show how a person can go from being racist to anti-racist, and how we can all build a new anti-racist society. **Available in the DPC library*



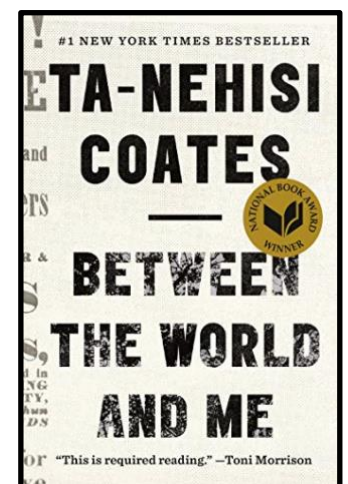
White Fragility, by Robin DiAngelo

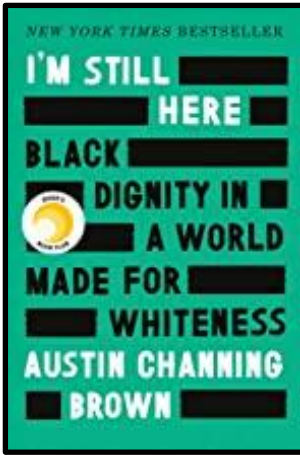
In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

**Available in the DPC library*

Between the World and Me, by Ta-Nehisi Coates

In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? **Available in the DPC library*



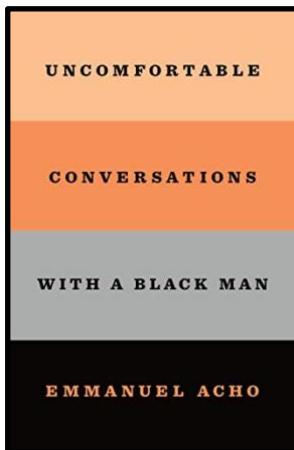
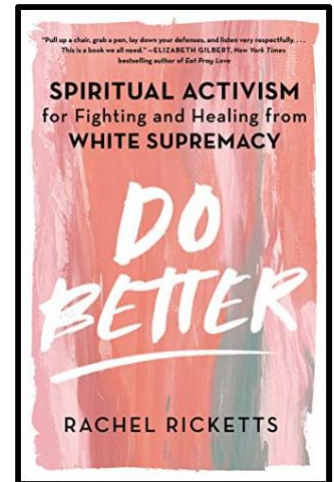


I'm Still Here: Black Dignity in a World Made for Whiteness, by Austin Channing Brown

From a leading voice on racial justice, an eye-opening account of growing up Black, Christian, and female that exposes how white America's love affair with "diversity" so often falls short of its ideals. **Available in the DPC library*

Do Better, by Rachel Ricketts

Do Better addresses anti-racism from a comprehensive, intersectional, and spiritually-aligned perspective. This actionable guidebook illustrates how to engage in the heart-centered and mindfulness-based practices to fight white supremacy from the inside out, in our personal lives and communities alike. It is a loving and assertive call to do the deep—and often uncomfortable—inner work that precipitates much-needed external and global change.



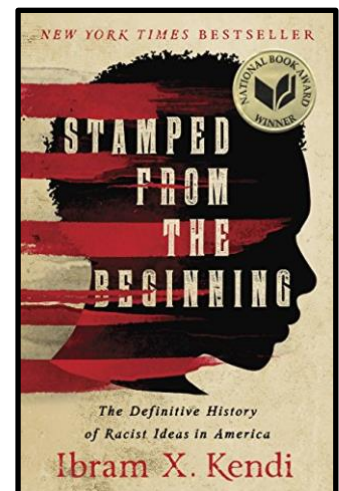
Uncomfortable Conversations with a Black Man, by Emmanuel Acho

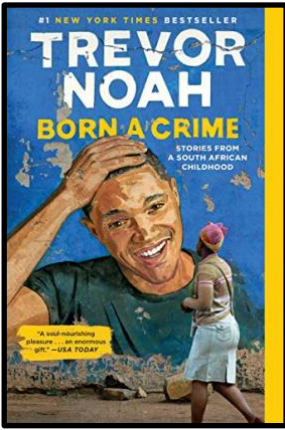
In *Uncomfortable Conversations with a Black Man*, Acho takes on all the questions, large and small, insensitive and taboo, many white Americans are afraid to ask—yet which all Americans need the answers to, now more than ever. With the same open-hearted generosity that has made his video series a phenomenon, Acho explains the vital core of such fraught concepts as white privilege, cultural appropriation, and "reverse racism." In his own words, he provides a space of compassion and understanding in a discussion that can lack both.

**Available in the DPC library*

Stamped from the Beginning, by Ibram X. Kendi

Chronicles the entire story of anti-black racist ideas and their staggering power over the course of American history. Kendi shows that racist ideas did not arise from ignorance or hatred, but were created to justify and rationalize deeply entrenched discriminatory policies and the nation's racial inequities. In shedding light on this history, *Stamped from the Beginning* offers us the tools we need to expose racist thinking. In the process, he gives us reason to hope.



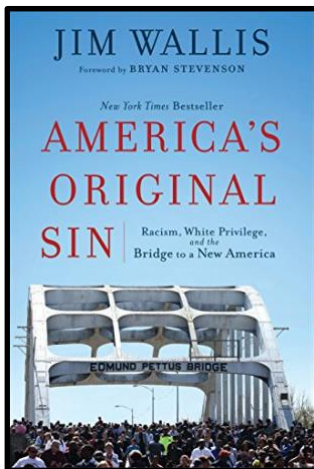
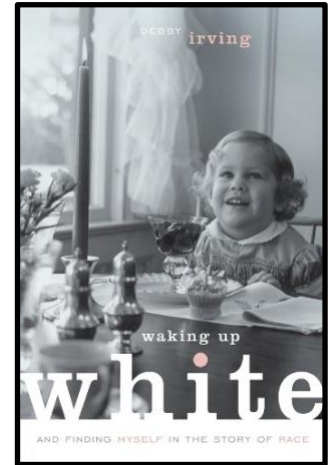


Born A Crime, by Trevor Noah

The host of The Daily Show, Trevor Noah, shares his personal story and the injustices he faced while growing up half black, half white in South Africa under and after apartheid in this New York Times bestselling young readers' adaptation of his adult memoir.

Waking Up White, by Debbie Irving

By sharing her sometimes cringe-worthy struggle to understand racism and racial tensions, she offers a fresh perspective on bias, stereotypes, manners, and tolerance. As Irving unpacks her own long-held beliefs about colorblindness, being a good person, and wanting to help people of color, she reveals how each of these well-intentioned mindsets actually perpetuated her ill-conceived ideas about race. She also explains why and how she's changed the way she talks about racism, works in racially mixed groups, and understands the antiracism movement as a whole. Exercises at the end of each chapter prompt readers to explore their own racialized ideas. **Available in the DPC library*

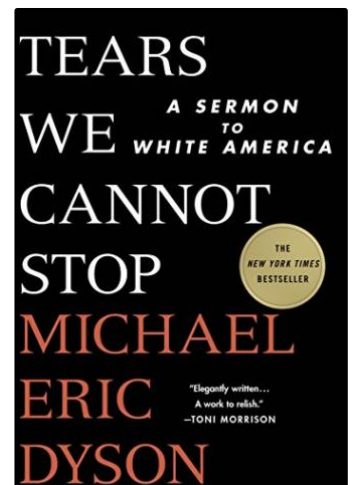


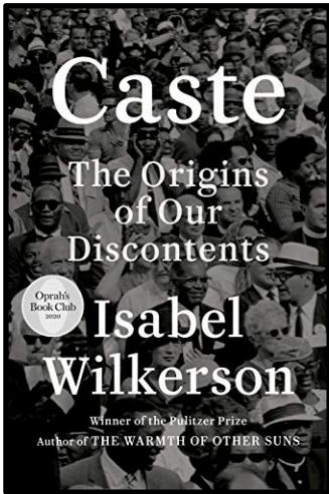
America's Original Sin: Racism, White Privilege, and the Bridge to a New America, by Jim Wallis

Wallis offers a prophetic and deeply personal call to action in overcoming the racism so ingrained in American society. He speaks candidly to Christians--particularly white Christians--urging them to cross a new bridge toward racial justice and healing. Whenever divided cultures and gridlocked power structures fail to end systemic sin, faith communities can help lead the way to grassroots change. Probing yet positive, biblically rooted yet highly practical, this book shows people of faith how they can work together to overcome the embedded racism in America, galvanizing a movement to cross the bridge to a multiracial church and a new America.

Tears We Cannot Stop, by Michael Eric Dyson

A provocative and deeply personal call for change. Dyson argues that if we are to make real racial progress we must face difficult truths, including being honest about how black grievance has been ignored, dismissed, or discounted.





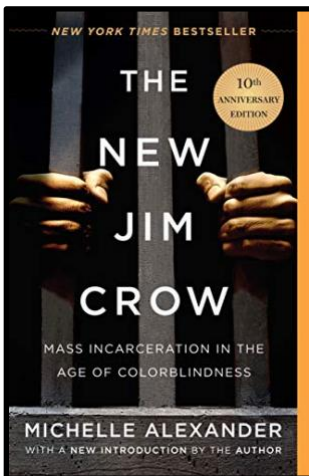
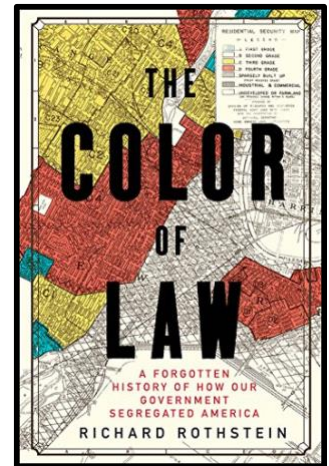
Caste: The Origins of Our Discontents, by Isabel Wilkerson

Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. She ultimately points forward to ways America can move beyond the artificial and destructive separations of human divisions, toward hope in our common humanity.

**Available in the DPC library*

The Color of Law: A Forgotten History of How Our Government Segregated America, by Richard Rothstein

Rothstein describes how the American government systematically imposed residential segregation: with undisguised racial zoning; public housing that purposefully segregated previously mixed communities; subsidies for builders to create whites-only suburbs; tax exemptions for institutions that enforced segregation; and support for violent resistance to African Americans in white neighborhoods.

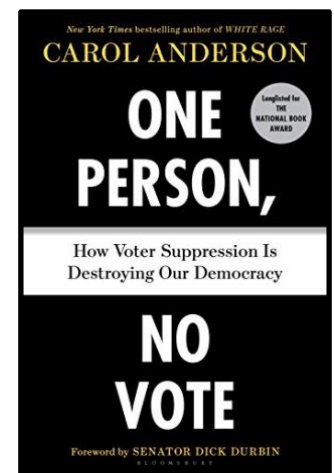


The New Jim Crow, by Michelle Alexander

Michelle Alexander's award-winning book delves into mass incarceration and the truth about the United States' thriving racial caste system.

One Person, No Vote, by Carol Anderson

Anderson chronicles the rollbacks to African American participation in the vote in the past decade, and with vivid characters explores the resistance: the organizing, activism, and court battles to restore the basic right to vote to all Americans.



The pictures of each book are linked to the Amazon webpage, where the descriptions were taken from. All books can be purchased from our local Doylestown Bookshop or online. If you have a resource to add, please reach out to info@dtownpc.org with "Matthew 25" in the subject line.