



Expanding Your Antiracist Toolbox

Racism is a very complex issue with many parts to learn about. The resources listed below are meant to help you explore different viewpoints, perspectives, and information about race, history, and privilege, and to aid in understanding different points of view. We encourage you to listen, read, and watch as many items as you are able at your own pace. Share them with each other, talk to friends and family, ask questions, and reflect.



WATCH

[Racial History in America](#), A look at history by Veggie Tales creator Phil Vischer about issues affecting black Americans after the Civil War to the present and answering the question, “Why are people so angry?” (17 minutes)

[Racial History in America - Part 2](#), A follow-up to “Racial History in America” looking at the role of the black family and America’s welfare system and misperceptions surrounding those. (26 minutes)

[The Disturbing History of the Suburbs](#), An “Adam Ruins Everything” episode that quickly and humorously educates how redlining came to be. (6 minutes)

[Racism is Real](#), A split-screen video depicting the differential in the white and black lived experience. (3 minutes)

[Confronting ‘intergroup anxiety’: Can you try too hard to be fair?](#) Explores why we may get tongue tied and blunder when we encounter people from groups unfamiliar to us. (5 minutes)

[**CBS News Analysis: 50 states, 50 different ways of teaching America's past**](#), Ibram X. Kendi reviews current history curriculum production and use across the U.S. (5 minutes)

[**What Kind of Asian Are You?**](#) Humorous two minute YouTube video that illustrates the utter silliness of the way many white Americans interact with Asian Americans. (2 minutes)

[**Birth of a White Nation**](#), Keynote speech by legal scholar Jacqueline Battalora, offers a blow-by-blow description of the moment the idea of, and word for, “white” people entered U.S. legal code. (36 minutes)

[**How to overcome our biases? Walk boldly toward them**](#), TED Talk by Vernā Myers, encourages work vigorously to counter balance bias by connecting with and learning about and from the groups we fear. (19 minutes)

[**The danger of a single story**](#), TED Talk by Chimamanda Adiche, offers insight to the phenomenon of using small bits of information to imagine who a person is. (18 minutes)

[**How to deconstruct racism, one headline at a time**](#), TED Talk by Baratunde Thurston that explores patterns revealing our racist framing, language, and behaviors. (10 minutes)

[**Indigenous People React to Indigenous Representation in Film And TV**](#), Conversation with a diverse range of Indigenous people by FBE about media depictions of Indigenous people, Columbus day, and Indigenous identity. (15 minutes)

[**What Being Hispanic and Latinx Means in the United States**](#), Fernanda Ponce shares what she's learning about the misunderstanding and related mistreatment of the incredibly diverse ethnic category people in U.S. call Hispanic. (12 minutes)

[**Tyler Merrit Project: Before You Call**](#), A black man's call asking us to see the humanity in all of us (3 minutes)

[**Systemic Racism Explained**](#), A short cartoon explaining what systemic racism is (4 minutes)

[**Race vs. Religion – Uncomfortable Conversations with A Black Man**](#), How is the Church in America complicit in racism and what can we do about it? (20 minutes)

More insightful conversations on various issues can be found [here](#).

[**The Social Contract**](#), comedian Trevor Noah, who grew up in South Africa apartheid, explains why how social contract has not been upheld, leading us to our current social racial unrest. (18 minutes)

[Holderness Family – What Not To Say](#) – Friends Penn Holderness and La Guardia Cross use comedy to explore the serious issue of what white people should not say to black friends about racial issues (4 minutes)

[How to Raise Black Sons in America](#), Ted Talk by Clint Smith, talks about the realities of raising a black son in America. (5 minutes)

[Racial Wealth Gap Explained](#), Post civil war to present (16 minutes)

[50 years of racism – why silence is not the answer](#), In a Ted Talk by James A. White Sr., he explains his personal history of discrimination and why he can no longer be silent (15 minutes)

[Awareness Test](#) (1 minute)

[My Descent into America’s Neo Nazi Movement and How I Got Out](#), At 14-years-old, Christian Picciolini went from naive teenager to white supremacist, and soon, the leader of America’s first neo-Nazi skinhead gang. How was he radicalized, and how did he ultimately get out? In this courageous talk, Christian shares a surprising and counterintuitive solution to hate in all forms. (20 minutes)

[Words Matter](#) – How the words you use can change the way people see you or things around you. (2 minutes)



READ

[*White Privilege: Unpacking the Invisible Knapsack*](#), by Peggy McIntosh

[*10 Ways Well-Meaning White Teachers Bring Racism Into Our Schools*](#), by Jamie Utt

[*21 Racial Microaggressions You Hear on a Daily Basis*](#), by Heben Nigatu

[*Climbing the White Escalator*](#), by Betsy Leondar-Wright

[*Guide to Allyship*](#), Created by Amélie Lamont

[*It’s Not Just the South: Here’s How Everyone Can Resist White Supremacy*](#), by Sarah van Gelder

[*What White Children Need to Know About Race*](#), by Ali Michael and Elenora Bartoli

[*Talking to Children About Racial Bias*](#), by Ashaunta Anderson and Jacqueline Douge

[*How Silence Can Breed Prejudice: A Child Development Professor Explains How and Why to Talk to Kids about Race*](#), by Brigitte Vittrup

[*Who Gets to Be Afraid in America?*](#), by Ibram X Kendi

[*Privileged*](#), Kyle Korver, NBA Player for the Milwaukee Bucks

[*It's Not Just the South: Here's How Everyone Can Address White Supremacy*](#) by Sarah Van Gelder

[*Beyond the Pandemic's Upheaval, a Racial Wealth Gap Endures*](#), by Patricia Cohen



LISTEN

[*Code Switch Series*](#), hosted by journalists Gene Demby and Shereen Marisol Meraji. Explores how issues of race and identity manifest in every corner of American culture, from music to poetry to sports.

[*Scene on Radio – Seeing White Series*](#), host John Biewen and collaborator Chenjerai Kumanyika Biewen's 14-part series is an excellent primer on the history of whiteness in America, sharing lesser-known events that will inspire white listeners to see their own place in society with fresh eyes.

[*TED Radio Hour – Mary Bassett: How Does Racism Affect Your Health?*](#) Host Guy Raz speaks with Dr. Mary T. Bassett, Director of the FXB Center for Health and Human Rights at Harvard University

[*Here & Now – Without Slavery, Would The U.S. Be The Leading Economic Power?*](#) Host Jeremy Hobson and author Edward Baptist



PCUSA RESOURCES

Watch: [J. Herbert Nelson, PCUSA Stated Clerk, call to action for anti-racism](#)

Read: [PCUSA – Dismantling Structural Racism](#)

Read: [PCUSA Antiracism Resources](#)

Read: [PCUSA Facing Racism Study Guide](#)

Read: [PCUSA Environmental Racism Resources](#) (scroll down to “Rationale”)

Read: [Belhar Confession](#) - A statement that focuses on three themes, Unity, Reconciliation, and Justice, in a church environment where racial separation made it impossible for brothers and sisters in Christ to worship together or come to the Lord’s Table together. Churches around the globe have recognized the power and theological insight of Belhar as an expression of Scriptural truth for their own contexts.

Read: [FAQ on the Belhar Confession](#)

Read: [Presbyterians and Self-Reflection on Race](#) - This is a collection of published material presented in aid of PC(USA) congregations, mid councils, and other groups, who have undertaken research in order to repair past action against or inaction for racial justice.

Listen: [Interview about the Belhar Confession](#)